



16 - 18 October 2025

13th World Congress Maynooth, Ireland

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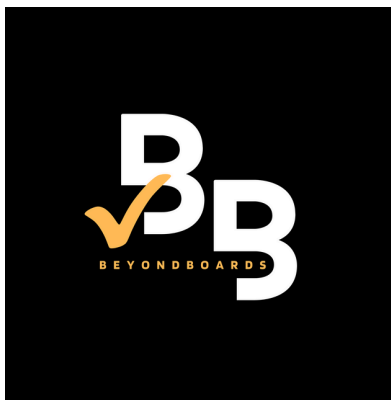
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WFATT President's Welcome

On behalf of the World Federation of Athletic Training and Therapy (WFATT) Executive Committee and the World Congress Planning Committee, it is my distinct pleasure to welcome you to Ireland for the 13th WFATT World Congress.

We are delighted to offer three days of exceptional programming designed to enhance your clinical practice and broaden your professional network. This year's Congress brings together athletic trainers, athletic therapists, and sport rehabilitators from around the world, fostering collaboration and the exchange of global best practices.

With the theme "Elevating and Uniting Sports Medicine," this Congress is poised to be the largest and most diverse in WFATT's history. We are proud to present a distinguished lineup of expert speakers who will share global perspectives on the care and recovery of the active patient. In addition to the main conference sessions, attendees will benefit from a variety of engaging opportunities, including:

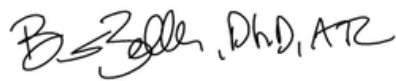
- Multiple pre-congress workshops (Thursday)
- Dedicated student sessions (Friday)
- Dedicated educator sessions (Saturday)
- Over 70 poster presentations
- A total of 23 hours of continuing education

Our presenters represent a truly international roster, including experts from Ireland, the United Kingdom, the United States, Canada, Greece, and Hong Kong. With attendees joining us from across the globe, this Congress is a powerful celebration of the evidence-based care provided every day by athletic trainers and athletic therapists worldwide.

We would also like to express our sincere gratitude to Athletic Rehabilitation Therapy Ireland (ARTI) for graciously hosting this year's Congress. Their dedication and hard work over the past two years have been instrumental in bringing this event to life, and we deeply value their partnership.

Once again, welcome to Ireland and to the 13th WFATT World Congress. We look forward to an inspiring and enriching experience together.

Warm regards,



President – WFATT



ARTI President's Welcome

Failte, a chairde;

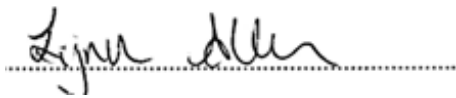
On behalf of Athletic Rehabilitation Therapy Ireland (ARTI) Executive Board and members, I would like to welcome you to the World Federation of Athletic Training and Therapy (WFATT) World Congress, in Maynooth, Ireland this October 16-18th.

We are very excited to welcome you to this 3-day international conference where we have a diverse schedule with over 100 speakers coming to present keynote lectures, workshops, panel discussions, research disseminations and hands-on practical classes to suit everyone working within sports medicine and athletic training and therapy. For the first time, we will have a dedicated student symposium on the Friday, followed by an educator's symposium on the Saturday, in addition to the clinical and professional programming.

This year's theme is Elevating and Uniting Sports Medicine where we truly believe in the unity of medical and allied healthcare professionals, educators and students in optimising patient care. This year's conference will be a great way to reconnect, network and collaborate with fellow healthcare professionals from across globe, in the tranquil setting of Maynooth village. Our dedicated members of the WFATT planning committee will be at hand to help make the most of your time with us.

We look forward to welcoming you all to Maynooth in October.

Best Wishes,



Lynn Allen, MSc, PGDip, CAT
ARTI President



FINANCIAL SUPPORT PROVIDED IN PART BY



**Fáilte
Ireland**



Schedule Overview

Thursday 16 October		
0900 - 1530	Hands on Workshops - Various Rooms	Supplemental registration required.
1900 - 2100	Welcome Social - Conference Lobby	Open to all attendees!
Friday 17 October		
0900 - 1000	Welcome & Keynote <i>Anterior Cruciate Ligament Injury: How are we managing this national epidemic?</i>	
1005 - 1830	Professional Programming	
1005 - 1550	Student Programming	Student-oriented, yet welcoming to all attendees!
1700 - 1830	WFATT Student Quiz Bowl Sponsored by BeyondBoards	Pre-registration to participate, but all are welcome to watch!
Saturday 18 October		
0900 - 1000	Announcements & Keynote	
1005 - 1830	Professional Programming	
1005 - 1800	Educator Programming	Tailored for educators, but everyone is invited!
1550 - 1620	Research Poster Question & Answer	Meet the authors and explore the details behind their poster presentations.
1900 - 2100	The Final Craic Celebration	Open to all attendees!

Organizing Committee

World Congress Committee

Pete Dewar, Chair
Chris Schommer

ARTI Organizing Committee

Lynn Allen, President
Frank Devereux
John Corrigan
Sinead O'Keeffe

Continuing Education Units

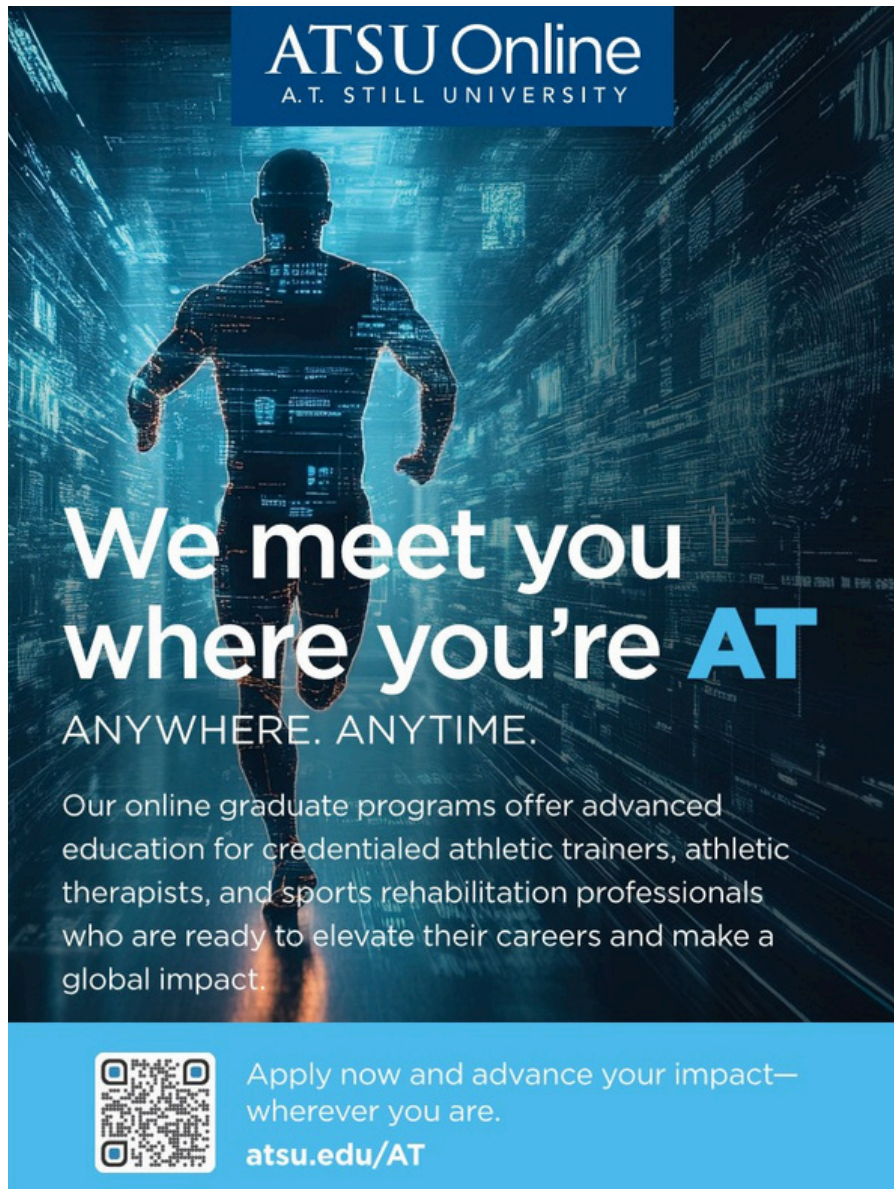
A maximum of 23 contact hours is available. Please only claim the hours in which you attended. A Certificate of Attendance will be circulated to all attendees following the event.

Eligible for ARTI Continuing Education.

Eligible for BASRaT Continuing Education.

WFATT is approved by the Board of Certification, Inc. to offer continuing education (CE) to Certified Athletic Trainers. (P-3058)


Eligible for CATA Approved Provider Category B submission.

The advertisement features a central image of a person's silhouette running through a digital, data-filled environment. The person's body is composed of glowing blue lines and dots, suggesting a digital or athletic theme. The background is dark blue with various digital elements like lines, dots, and faint text. At the top, a blue banner contains the text "ATSU Online" and "A.T. STILL UNIVERSITY". Below the runner, large white text reads "We meet you where you're AT", with "AT" in blue. Underneath this, in smaller white text, is "ANYWHERE. ANYTIME." Further down, a paragraph of white text describes the online graduate programs. At the bottom, a blue banner contains a QR code on the left and the text "Apply now and advance your impact— wherever you are. atsu.edu/AT" on the right.

ATSU Online
A.T. STILL UNIVERSITY

**We meet you
where you're AT**
ANYWHERE. ANYTIME.

Our online graduate programs offer advanced education for credentialed athletic trainers, athletic therapists, and sports rehabilitation professionals who are ready to elevate their careers and make a global impact.

 Apply now and advance your impact—
wherever you are.
atsu.edu/AT

Conference Breaks

Friday & Saturday | 1105 - 1135 | Conference Lobby

Morning Breaks *Sponsored by South East Technological University*

Start your day off right with a fresh coffee and a light bite to eat. Stretch your legs, chat with colleagues, and explore our exhibitors' booths to discover the latest innovations, products, and services that can enhance your practice. It's the perfect way to fuel your body and your curiosity between sessions.



Friday & Saturday | 1550 - 1620 | Conference Lobby

Afternoon Breaks *Sponsored by Atlantic Technological University*

Recharge during the afternoon slump with snacks and refreshments while keeping your learning alive! Visit our exhibitors to see cutting-edge tools, network with industry leaders, and spark new ideas. Take this opportunity to ask questions, make connections, and stay energized for the remainder of the day's sessions.



Reminder: On Saturday, the afternoon break will also feature a 30-minute window where poster authors are available to answer questions and discuss their research.

Open Lunch

Friday & Saturday | 1230 - 1430 | Connaught Room

Enjoy a 2-hour open lunch where you can eat at your convenience, choosing the timing that best fits the sessions you want to attend.

Please note that the lunch area can comfortably accommodate about 50% of attendees at once. To ensure everyone has a pleasant experience, we kindly ask that you stagger your arrival times and space yourselves naturally throughout the lunch period.

This is a great opportunity to refuel, catch up with colleagues, and network at your own pace.

Conference Events

All events listed are free for conference attendees!

Thursday 16 October | 1600 - 1700 | Connaught Room

WFATT Annual Members Meeting

Attend the WFATT Annual Members Meeting to hear the latest updates on the organization's initiatives, projects, and achievements. All attendees are welcome to join, stay informed, and learn more about the work shaping the future of WFATT.



Thursday 16 October | 1900 - 2100 | Conference Lobby

Welcome Social *Sponsored by the National Athletic Trainers' Association*

Join us as we kick off the event with delicious finger food and refreshing drinks in the conference lobby! Relax, catch up with old friends, meet new ones, and enjoy a warm welcome from our exhibitors as we celebrate the start of a great event together. Ticket included with registration. Extra tickets €25



Friday 17 October | 1700 - 1830 | Connaught Room

WFATT Student Quiz Bowl *Sponsored by BeyondBoards*

Don't miss the debut of the WFATT Quiz Bowl! Teams of non-certified students from around the globe will go head-to-head in a lively competition of knowledge and skill. Enjoy the fun, support the next generation of professionals, and see who takes home the prizes!

Students who wish to participate in the Quiz Bowl should indicate their interest when registering for the World Congress. Teams will be randomly assigned in advance of the World Congress!

Prizes provided by BeyondBoards & Nexus Sports Medicine



Conference Events

All events listed are free for conference attendees!

Saturday 18 October | 0700 | Meet in Glenroyal Lobby

5K Fun Run *Sponsored by Athletic Rehabilitation Therapy Ireland*

Lace up your runners and kickstart your day with a refreshing 5K jog through historic Maynooth! It's a great way to boost your energy, enjoy the fresh air, and take in the local scenery while getting your blood flowing. All paces are welcome—come run, jog, or walk at whatever speed feels right for you!



Saturday 18 October | 1550 - 1620 | Across from Corrib

Research Poster Q&A

Sponsored by the Commission on Accreditation of Athletic Training Education

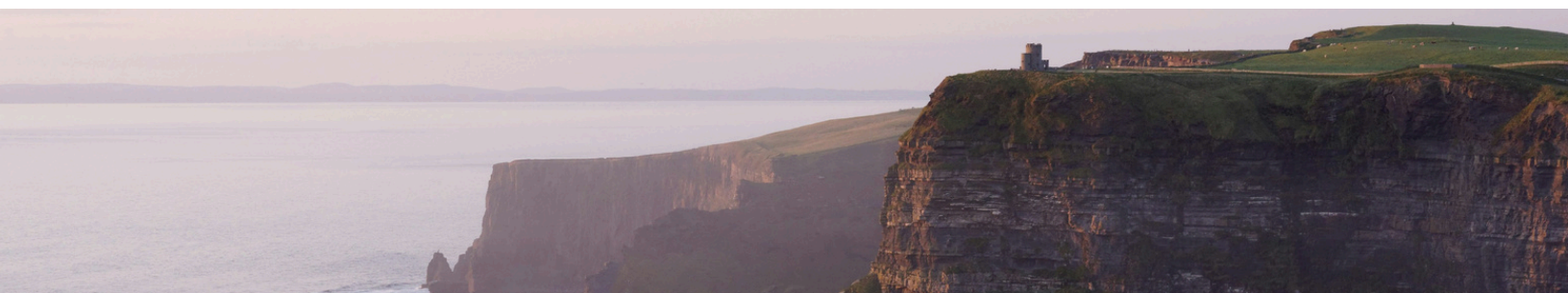
Posters will be on display all day Friday and Saturday for you to explore at your leisure. Authors will be available for a dedicated 30-minute window each day to answer questions and discuss their research. All studies featured will be published in a future edition of the Journal of Athletic Training.



Saturday 18 October | 1900 - 2100 | Corrib Suite

The Final Craic *Sponsored by the Board of Certification*

Raise a glass and cap off the 13th World Congress in style! Enjoy lively Irish entertainment, savor delicious food, and toast with drinks as we celebrate together. Your ticket is included with registration, and additional tickets are just €50—don't miss this chance to end the event on a memorable note!



Garden County Tour

Add-on for only €60



Sunday 19 October



0900 - 1800

Hop aboard a luxury coach with a professional driver and qualified tour guide for a day exploring Wicklow - the Garden County of Ireland!

Glendalough is one of Ireland's most iconic regions, renowned for its beauty and landscape, rich history, archaeology and abundant wildlife. Your guide will provide a walking tour of the 6th-century monastic settlement and round tower. This will be followed by a short walk from the settlement to the stunning Glendalough Lake.

Avoca Handweavers mill has been in operation since 1723 and a great opportunity to see first hand his traditional craft, with the opportunity to explore their shops and products.

Powerscourt Gardens boasts a blend of perfectly manicured formal gardens, sweeping terraces, striking statues, charming ornamental lakes, secret hollows, and rambling walks. Take in the wonder of nature, curated by world-class gardeners. Voted 3rd Best Garden in the World.

Price Excludes lunch.

Itinerary (Times are approximate)

0900 Depart Maynooth

1000 **Arrive Glendalough National Park**

Monastic Settlement Guided Tour (included)

Upper Lake walk at your leisure

1200 Depart

1230 **Arrive Avoca Handweavers Mill**

Browse the mill, shops, & cafe (included)

Lunch on your own

1430 Depart

1515 **Arrive Powerscourt Garden**

Visit their gardens (included)

1700 Depart

1800 Return to Maynooth



Preconference Workshops

Add-on starting at only €5

Thursday 16 October 2025

Pre-registartion required. All workshops are priced at **€5 per hour** and spots are limited.

Workshops for Professionals

Time	Workshop	Room
0900 - 1000	Optimizing Squat Mechanics for Rehabilitation Success Michael Higgins, PhD, ATC, PT, CSCS	Corrib 2
0930 - 1030	The Spectrum of Concussion Prevention Erica Beidler, PhD, ATC & Patricia Kelshaw, PhD, ATC	Corrib 1
1000 - 1100	Make the Adjustment: Mechanics of Overhead Sports Dennis Coonan, MSE, LAT, ATC & Matthew Brewer, MS, LAT, ATC	Claddagh
1000 - 1200	MSK Ultrasound Workshop: Shoulder Girdle Stavros Daoukas, MSc, GSR, PgCertUS	Galway
1030 - 1130	Thoracic Manual Therapy for Neck and Shoulder Pain Michael Higgins, PhD, ATC, PT, CSCS	Corrib 2
1200 - 1300	Aquatic Therapy for Injury Prevention, Rehabilitation, and Sport Performance Valerie Herzog, EdD, LAT, ATC & Hannah Stedge, PhD, LAT, ATC <i>The first hour will be classroom style. The final hour will held in the pool.</i>	Corrib 2 & Pool
1230 - 1330	A Growing issue? Understanding Adolescent Development for Injury Prevention - Practical Applications Gemma Parry, BASRaT-reg and HCPC Registered Physiotherapist & Dave Hartley BASRaT-reg	Corrib 1
1300 - 1500	MSK Ultrasound Workshop: Knee and Thigh Stavros Daoukas, MSc, GSR, PgCertUS	Galway
1300 - 1400	Lost in Transition: Leveraging the VOMS as a Throughline from Assessment to Clearance Julie MacDonald, MSc, CAT(C), RKIN, RMT	Fitness Studio
1330 - 1430	Leveraging Mobile Applications for Personalized Injury Prevention Program Delivery Hayley Root, PhD, MPH, ATC & Lindsay DiStefano, PhD, ATC, FNATA	Corrib 2

Workshop for Students & New Graduates

Time	Workshop	Room
1200 - 1500	Using Sports Related Concussion Assessments to Inform Rehabilitation Planning Enda Whyte, CAT & Martin Sweeney, CAT <i>The first two hours will be classroom style. The final hour will be held in the fitness studio.</i>	Claddagh & Fitness Studio

Workshops for Educators

Time	Workshop	Room
1100 - 1200	Elevating Minds and United Hearts: Empowering Educators to Teach Behavioral Health in Sports Medicine Jessica Huett, EdD, LAT, ATC & Alyssa Anderson, PhD, LAT, ATC	Corrib 1
1200 - 1300	Self-coaching Through Challenges Utilising the SOAP Healthcare Excellence Coaching Model Anna Postawa, MSc, PT	Corrib 3
1400 - 1500	Embracing 'Structural Humility' in Athletic Training and Therapy Education Michael Cole & Tyrone Cassius	Corrib 3

Keynote Speakers



Sponsored by the University of Pittsburgh Medical Center

Friday 17 October 2025 | 0900 - 1000



Anterior Cruciate Ligament Injury: How are we managing this national epidemic?

Professor Brian M Devitt

Consultant Orthopaedic Surgeon
Full Professor and Chair of Orthopaedics and Surgical
Biomechanics at Dublin City University

Professor Brian Devitt is an internationally trained orthopaedic surgeon with subspecialty expertise in knee surgery. He has a particular interest in sporting injuries including anterior cruciate ligament (ACL) reconstruction, meniscal repair, cartilage restoration procedures, multi-ligamentous knee reconstruction and hamstring repair.

In addition, he cares for patients with degenerative conditions, such as knee arthritis, and performs both knee replacements and osteotomies.

Brian completed his medical school training at University College Dublin, Ireland, and carried out his specialist training in Trauma & Orthopaedics at the Royal College of Surgeons in Ireland. He also achieved a Masters in Sports and Exercise Medicine. Brian chose to pursue a career in academic orthopaedic sports surgery, and carried out three years of fellowship training. The first year was a research fellowship at the Steadman Philippon Research Institute. He then carried out a clinical fellowship at the University of Toronto in sports surgery. Finally, he completed two clinical fellowships in Melbourne; the first was a knee reconstruction fellowship at OrthoSport Victoria and the second a fellowship at Hip Arthroscopy Australia. He stayed on in Melbourne for 8 years, where worked at OrthoSport Victoria as a knee surgeon and Director of Research.

Brian returned to Dublin, Ireland, in 2022 to take up a position as Full Chair and Professor of Orthopaedics and Surgical Biomechanics at Dublin City University. His specific research interests are ACL reconstruction, lateral extra-articular reconstruction, posterior cruciate ligament (PCL) and posterolateral corner reconstruction, and hamstring repair.

Ryan Alexander

Clinical Specialist Athletic Therapist

Ryan Alexander is a Certified Athletic Therapist that works as a Clinical Specialist Athletic Therapist for Professor Brian Devitt in the UPMC Sports Surgery Clinic in Dublin, Ireland. As part of his role, he is involved in pre and post-operative rehabilitation for Professor Devitt's surgical patients across an array of injuries and surgical procedures. These include ACL reconstructions, joint replacements at the knee and hip joints, hamstring, quadriceps and adductor repairs and knee arthroscopies. He completed his undergraduate degree in Athletic Therapy and Training in Dublin City University, before completing his Master's degree in Strength and Conditioning in SETU Carlow. He is currently undertaking his PhD through Dublin City University in the topic of, "Arthrogenic Muscle Inhibition in ACL injury". As a keen sportsman himself, he has worked in numerous team settings in his career and studies, including Purdue University Football, Dublin Minor Hurling and Suttonians Rugby in the Women's AIL.

Keynote Speakers



Sponsored by the University of Pittsburgh Medical Center

Saturday 18 October 2025 | 0900 - 1000



Dr Ciaran Cosgrave

Director of UPMC Sports Medicine & UPMC Institute for Health
Consultant Sports & Exercise Medicine Physician,
UPMC-Sports Surgery Clinic.

Dr Cosgrave is the Director of UPMC Sports Medicine & Institute for Health and is one of Ireland's most prominent consultants in Sports & Exercise Medicine. He specialises in the management of pain and injury in patients of all ages and all levels of activity. Currently, he has recently been appointed to Head of Medical for the upcoming British & Irish Lions Tour in Australia.

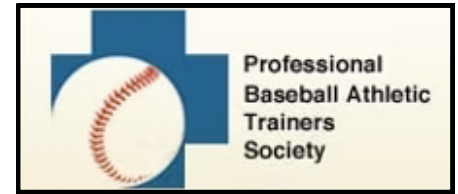
He was the doctor for the Irish Senior Rugby Team from 2016-2024 and has held similar positions with the British & Irish Lions, Liverpool Football Club and Leinster Rugby. He joined the UPMC Sports Surgery Clinic in 2013 having completed his consultancy training in Liverpool.

Dr Cosgrave graduated in medicine from Queen's University Belfast in 2004 and has an MSc in Sports & exercise medicine from Trinity College Dublin. He also has qualifications in Sports psychology and Medical education.

Dr Cosgrave has a wealth of experience in elite sport. In addition to his experience in rugby and soccer, he has also worked in basketball, karate, judo, athletics and at the Olympic Games. At UPMC Sports Surgery Clinic he works closely with athletes and coaches on injury prevention and performance enhancement.

He has a particular interest in managing concussion and in ultrasound-guided injections of joints, muscles, tendons, ligaments and the spine.

Keynote Speakers



Sponsored by the Professional Baseball Athletic Trainers Society

Saturday 18 October 2025 | 1345 - 1445 *(Virtual presentation)*



Sue Falsone

- President & Founder: Structure & Function Education
 - Owner: Falsone Consulting
 - Current consultant to professional athletes and pro sport organizations
 - Senior Advisor, Los Angeles Dodgers
 - Associate Professor, Athletic Training Programs: Arizona School of Health Sciences, A.T. Still University
 - Author: Bridging the Gap from Rehab to Performance
 - Doctor of Physical Therapy: Daemen College
- Master of Science in Human Movement with concentration in Sports Medicine: UNC-Chapel Hill
 - Bachelor of Science in Physical Therapy: Daemen College
 - Board Certified Specialist in Sports Physical Therapy through the APTA
 - Certified Athletic Trainer through the NATBOC
 - Certified Strength and Conditioning Specialist through the NSCA
 - Certified Orthopedic Manual Physical Therapist in the Spine via the IAOM-US
 - Registered Yoga Teacher through Yoga Alliance, 200- Hour teacher training
-

Professional Program

Friday 17 October

Time	Session Title	Room
0900 - 0910	Welcome Brian Zeller, President, WFATT Lynn Allen, President, ARTI	Corrib
0900 - 1000	Keynote: Anterior Cruciate Ligament Injury: How are we managing this national epidemic? Professor Brian M Devitt	Corrib
	Transition Time	
1005 - 1025	Differential diagnoses of dorsal forearm and hand pain: anatomy, imaging, and clinical insights Stavros Daoukas MSc, GSR, PgCertUS	Corrib
1025 - 1045	Incorporating Short-Foot Exercise for Running Biomechanics Changes and Injury Rehabilitation Naoko Giblin PhD, LAT, ATC Kari Emineth, PhD, LAT, ATC, CSCS	Corrib
1045 - 1105	Examining Achilles Tendon Loading Forces in Runners, and the Impact of Those Forces on Achilles Tendon Biomechanics Properties Joshua Sponbeck PhD, LAT, ATC, CSCS	Corrib
1105 - 1135	Break time; Grab a refreshment while you mingle with exhibitors!	
1135 - 1235	Women in Sport Panel	Corrib
	Transition Time; Lunch open until 1430	
1240 - 1300	To Tech or Not to Tech: Balancing Technology and Global Collaboration in Clinical Practice Adam Annaccone	Corrib
1300 - 1320	Quad Blue: Reviving the Quadriceps in Early ACL Rehabilitation Conrad Gabler PhD, LAT, ATC	Corrib
1320 - 1340	Prioritizing the Patient Perspective Tamara Valovich McLeod PhD, ATC, FNATA, FNAK, FNAP	Corrib
	Transition Time	
1345 - 1445	Oral Research Presentations (See page 25 for full listing)	Corrib
	Transition Time	
1450 - 1510	Diversifying Concussion Management in Para Sport: Updates and Clinical Innovations for Athletic Trainers & Therapists Katelyn Mitchell PhD, PT, CAT(C) Dr. Tamerah Hunt, PhD, LAT, ATC, FACSM	Corrib

Professional Program

Friday 17 October

Time	Session Title	Room
1510 - 1530	Unlocking the Myofascial Matrix: Advanced Palpation and Practical Applications for Athletic Trainers Patrick St Louis Ed.D, LAT, ATC, CKTI, CCT, GTS, CPT, PES	Corrib
1530 - 1550	The Booby Traps of Breast Weight Management and its Impact on the Biopsychosocial Health and Wellbeing of Women and Girls Throughout their Lifespan Siobhán O'Donovan MS, Dip Orth Med	Corrib
1550 - 1620	Break time; Grab a refreshment while you mingle with exhibitors!	
1620 - 1650	Making Waves: Exploring Opportunities with Aquatic Rehabilitation Connie Peterson PhD, LAT, ATC	Galway
1620 - 1640	Rethinking the Cause of Muscle Cramping using the Multifactorial Theory Kevin Miller PhD, LAT, ATC, FNATA	Corrib
1640 - 1700	The Importance of Connection: to the process, to the therapy, to the material, to the human James Gardiner MSc., CATC, CSCS	Corrib
1700 - 1720	Increasing Inclusiveness in the Athletic Training Facility Aubre True MS, LAT, ATC	Corrib
	Transition Time	
1725 - 1745	Developing Interdisciplinary Teams with Sports Medicine Brian Smith DHSc, LAT, ATC Kelley Henderson, EdD, LAT, ATC	Corrib
1745 - 1805	Unlocking Better Outcomes: Leveraging the ICF Model for Patient-Centered Healthcare Amy Fraley PhD, LAT, ATC, CSCS	Corrib
1805 - 1825	International Cultural Competence in Health Care Elicia Leal M. Ed, ATC, LAT	Corrib
	End of Day	



Professional Program

Saturday 18 October

Time	Session Title	Room
0900 - 0910	Announcements	Corrib
0900 - 1000	Keynote: TBD Dr Ciaran Cosgrave	Corrib
	Transition Time	
1005 - 1105	Breaking Barriers: Navigating a Career in Sport and Exercise Medicine as a Woman Siobhán O'Connor MSc PHD CAT FFSEM (Hon.)	Connaught
1005 - 1025	Debunking exertional heatstroke myths to better save lives Kevin Miller PhD, LAT, ATC, FNATA	Corrib
1025 - 1045	Exertional Collapse Associated with Sickle Cell Trait: Global Prevalence, Prevention Policies, and Educational Standards Dawn Emerson PhD, ATC Rachel Dipeolu, ATC	Corrib
1045 - 1105	Recognizing exertional sickling across clinical settings Susan Yeargin PhD, ATC	Corrib
1105 - 1135	Break time; Grab a refreshment while you mingle with exhibitors!	
1135 - 1155	Navigating Mental Health Screening and Support in Sports Medicine Zachary Winkelmann PhD, ATC	Corrib
1155 - 1215	Development and Implementation of Mental Health Policy in Collegiate Athletics Jessica Johns M.Ed, LAT, ATC	Corrib
1215 - 1235	Resilience a Key to Preventing Burnout among Athletic Trainers and Therapists Stephanie Singe PhD, ATC, FNATA	Corrib
	Transition Time; Lunch open until 1430	
1240 - 1300	Implementing rehabilitation and patient reported outcome measures into plans of care for patients with concussions Thomas Bowman PhD, ATC Janet Simon, PhD, ATC	Corrib
1300 - 1320	Leveling the Playing Field: Advancing Sports Medicine with Female-Focused Innovations Amanda Jagielo DAT, ATC	Corrib
1320 - 1340	Sports Therapy in HK - History, Current Development and Challenges Yok Yuen Siu	Corrib
	Transition Time	

Professional Program

Saturday 18 October

Time	Session Title	Room
1345 - 1445	Keynote: TBD Sue Falsone	Corrib
	Transition Time	
1450 - 1550	Oral Research Presentations (See page 25 for full listing)	Corrib
1550 - 1620	Break time; Research Poster Q&A Period	
1620 - 1720	Tactical Care: The positive impact of Athletic Training on those who protect and serve Becky Swan M.R.Sc., CAT(C), CSCS, TSAC-F, MCTP Anna August MS, LAT,ATC, CSCS Traci Tauferner, LAT, ATC, CSCS, PES, MCTP, CS1	Connaught
1620 - 1650	Why does the sports medicine provider need to know about CBD? Jeff Konin PhD, ATC,PT, FACSM, FNATA, FNAP	Corrib
1650 - 1720	Putting Emergency Action Planning into Practice: A Team Approach Meghan McKay M.Ed., LAT, ATC	Corrib
	Transition Time	
1725 - 1745	Staying Cool: The Impact of Mental Health Medications on Heat Tolerance and Safety Dawn Emerson PhD, ATC Melani Kelly, PhD, ATC	Connaught
1725 - 1745	The International Arrangement	Corrib
1745 - 1805	Athletic Training and Public Health Practice: Bridging Individual Care and Population Health Katie Sniffen PhD, ATC	Connaught
1745 - 1805	The EPIC™ Clinician: A Remedy for the Complexity of Sports Medicine & Athletic Therapy Matthew Kutz Ph.D., ATC	Corrib
1805 - 1825	Helping Patients Thrive: Enhancing Involvement After Return to Activity in ACL Rehab Meredith Decker PhD, LAT, ATC, PES	Connaught
1805 - 1825	Implementing Simulations in the Workplace Matthew Donahue PhD, ATC, LAT Hannah Stedge PhD, ATC, LAT	Corrib
	End of Day	

Educator Program

Sponsored by the Canadian Athletic Therapists Association



Friday 17 October 2025

Time	Session Title	Room
0900 - 0910	Welcome Brian Zeller, President, WFATT Lynn Allen, President, ARTI	Corrib
0900 - 1000	Keynote: Anterior Cruciate Ligament Injury: How are we managing this national epidemic? Professor Brian M Devitt	Corrib
	Transition Time	
1005 - 1105	Passport to Learning: Building Impactful Short-Term, Faculty Facilitated Study Abroad Programs Nicole Wilkins, EdD, LAT, ATC Jeff Konin, PhD, ATC, PT, FACSM, FNATA, FNAP Ron Walker, EdD, LAT, ATC, CSCS	Connaught
1240 - 1410	Learning to Learn - How Metacognition Promotes Clinical Reasoning Skills to Empower Students Lynn Allen, MSc, PGDip, BSc, CAT Emma J. O'Neill, BSc, BVSc, PhD, DSAM, ECVIM-CA, PGDipUTL, PGDipEE, FRCVS Kate Acton, BSc, VN, RVN, MSc, AFHEA, PGDipUTL, UCD	Claddagh

Saturday 18 October 2025

Time	Session Title	Room
0900 - 0910	Announcements	Corrib
0900 - 1000	Keynote: TBD Dr Ciaran Cosgrave	Corrib
	Transition Time	
1005 - 1025	Development of a Digital Decision Support Tool for Shoulder Assessment and Management (MAP SHOULDER) Breda Eubank, PhD, CAT(C)	Galway
1025 - 1045	Leveraging AI-Generated Scenarios to Improve Understanding of the Emergency Assessment Process Daniel Cobble Sr, Lindsey Schroeder, EdD, LAT, ATC	Galway

Educator Program

Sponsored by the Canadian Athletic Therapists Association



Saturday 18 October 2025 continued

Time	Session Title	Room
1045 - 1105	Beyond the Classroom: Socializing Sports Medicine Faculty into Administrative Roles Laura Kunkel, EdD, ATC, PES, FNAP Ashley Thrasher, EdD, LAT, ATC, CSCS Nicole Wilkins, EdD, ATC Shannon David, PhD, LAT, ATC, ROT, PES Kelly Pagnotta, PhD, ATC	Galway
1105 - 1135	Break time; Grab a refreshment while you mingle with exhibitors!	
1135 - 1235	Many Titles, One Purpose: Uniting and Advancing AT Globally Anthony Breitbach, PhD, ATC, FASAHP, FNAP, Chair, CAATE Int'l Committee Alvaro Garcia Romero, PhD, PT, Past Chair, CAATE Int'l Committee Kysha Harriell, PhD, LAT, ATC, FNAP, Vice President, CAATE Int'l Committee Toni M. Torres-McGehee, PhD, LAT, ATC, FACSM, President, CAATE	Galway
	Transition Time; Lunch open until 1430	
1240 - 1310	Conquer the Conversation: Strategies for Teaching How to Navigate Difficult Conversations in Athletic Training/Therapy Education Ashley Thrasher, EdD, LAT, ATC, CSCS	Galway
	Transition Time	
1315 - 1415	Courage to Question: Cultivating Psychological Safety in the Modern Classroom Nicole Wilkins, EdD, LAT, ATC	Galway
	Transition Time	
1420 - 1550	Evidence-Based Practice Across 7 Programs and 4 Countries: A Panel Presentation and Discussion Mark Lafave, PhD, CAT(C) Colin King, PhD, CAT(C) Sarah Manspeaker, PhD, ATC Jim Mensch, PhD, ATC Allan Monro, PhD, BASRaT-Reg Richard Moss, MSc, BASRaT-Reg Lynn Allen, MSc, PGDip, BSc, CAT Anna Postawa, DProf, MSc, MISCP, CPC	Galway
1550 - 1620	Break time; Research Poster Q&A Period	
1620 - 1650	Education the Educators: Empowering Clinical Instructors to Incorporate Andragogical Methods into Clinical Education for Athletic Training and Therapy Students Joshua Wooldridge, PhD, LAT, ATC, CSCS Shannon David, PhD, LAT, ATC, ROT, PES Matt Drescher, PhD, DAT, LAT, ATC	Galway

Educator Program

Sponsored by the Canadian Athletic Therapists Association



Saturday 18 October 2025 continued

Time	Session Title	Room
	Transition Time	
1700 - 1720	Healthcare Utilization to Musculoskeletal Disorders in Alberta, Canada - 7 Year Trend Breda Eubank, PhD, CAT(C)	Galway
1720 - 1740	Perceptions of Emergency Management in Members of Reciprocal Organizations Jaclyn Arduini, PhD, LAT, ATC, CAT(C), NREMT, CES	Galway
1740 - 1800	Mitigating Social Déterminants and Leveraging Cultural Wealth to Advance Equity in Athletic Training and Therapy Education Nicolette Harris, EdS, DAT, LAT, ATC, CSCS	Galway
	End of Educator Program	



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Student Program

Friday 17 October 2025

Time	Session Title	Room
0900 - 0910	Welcome Brian Zeller, President, WFATT Lynn Allen, President, ARTI	Corrib
0900 - 1000	Keynote: Anterior Cruciate Ligament Injury: How are we managing this national epidemic? Professor Brian M Devitt	Corrib
	Transition Time	
1005 - 1105	Your Playbook for Success: Resumes, Salary Negotiation, & Demonstrating Your Value Jim Mensch, PhD, ATC	Galway
1105 - 1135	Break time; Grab a refreshment while you mingle with exhibitors!	
1135 - 1235	Global Mobility of Athletic Therapy for Students Lynn Allen, MSc, PgDip, BSc, CAT Rick Griffin, BS, MS, ATC-L-PBATS AJ Duffy III, MS, ATC, PT-NATA President Oliver Blenkinsop, ATC, GSR, FHEA Robert Hession, BSc Rachel Bonner, BSc, CAT	Galway
	Transition Time; Lunch open until 1430	
1240 - 1340	The Words We Avoid: Mastering the Art of Difficult Dialogues Nicole Wilkins, EdD, LAT, ATC	Galway
	Transition Time	
1345 - 1445	Students are the Professionals of Tomorrow: What you need to know about cannabis and athletic education Jeff Konin, PhD, ARC, PH, FACSM, FNATA, FNAP	Galway
	Transition Time	
1450 - 1520	Emergency Preparedness: Pearls and Perils – A Boston Marathon Story Joseph Murphy, PhD, LAT, ATC	Galway
1520 - 1550	Student Poster Presentations Q&A Explore the Student Poster Presentations, showcasing innovative research and projects from the next generation of professionals. Although these posters will not be published, each submission underwent peer review, ensuring high-quality work.	Galway
1550 - 1620	Break time; Research Poster Q&A Period	
1700 - 1830	2025 World Congress Student Quiz Bowl <i>Sponsored by BeyondBoards</i> Moderated by Jim Mensch, PhD, ATC	Connaught



Oral Research Presentations

Sponsored by the Commission on Accreditation of Athletic Training Education

Friday 17 October | 1345 - 1445 | Corrib

Time	
1345 - 1355	Prevalence and risk factors associated with arthrogenic muscle inhibition after anterior cruciate ligament injury: a prospective study Ryan Alexander, CAT, MSc, BSc; Dublin City University
1355 - 1405	Injury Prevention in Ladies Gaelic Football: Establishing Programme Guidelines Using the Delphi Method John Corrigan, BSc, CAT; Dublin City University
1405 - 1415	Leadership Qualities of Expert Women Athletic Training Leaders: A Delphi Study Andrea Kovalsky, DAT, LAT, ATC; Florida International University
1415 - 1425	Examining Faculty Diversity in Athletic Training: The Impacts of Transitioning to an Entry-Level Master's Degree Elizabeth León Zaragoza, PhD, LAT, ATC; University of Wisconsin - Green Bay
1425 - 1435	Epidemiology of Catastrophic Head and Neck Injuries in Olympic Sports: A Four-Decade Review Courtney Meyer, MS, ATC; University of South Carolina
1435 - 1445	Question and Answer Period

Saturday 18 October | 1450 - 1550 | Corrib

Time	
1450 - 1500	The Prevalence of Practical Exam Anxiety in Athletic Therapy and Athletic Training Students in Ireland, the US, and Canada John Corrigan, BSc, CAT; Dublin City University
1500 - 1510	Mental Health in Irish Collegiate Athletes: Insights from a Preliminary Analysis Breeanna Ní Fhionnaláin; Dublin City University
1510 - 1520	Comparison of sport-related concussion and time-loss in male and female amateur Rugby Union players across a 2-year time period Laura Power; University of Limerick
1520 - 1530	Fall and injury incidence in Irish professional and amateur horseracing from 2016-2023 Alannah Reville; Dublin City University
1530 - 1540	Women in Sport and Exercise Medicine - A Qualitative Investigations of Clinicians' and Athletes' Perceptions on the Position of Female Clinicians in Irish Sports Environment Isis Schockaert; Technological University of the Shannon
1540 - 1550	Question and Answer Period



Poster Presentations

Sponsored by the Commission on Accreditation of Athletic Training Education

All research posters are on display throughout the conference. Authors will be present for questions during the Saturday afternoon break from 1550 - 1620.

Does rehabilitation with intermittent sequential cryocompression improve arthrogenic muscle inhibition in acute anterior cruciate ligament injury and reconstruction: a randomised control trial

Ryan Alexander, CAT, MSc, BSc; Dublin City University

Contextual and Pedagogical Considerations when Implementing Metacognitive Strategies within Irish Athletic Therapy Education

Lynn Allen, MSc, PgDip, BSc, CAT; Technological University of Shannon, Athlone Campus

Barriers and attitudes towards mental health seeking services among collegiate athletes in higher education in Ireland

Lynn Allen, MSc, PgDip, BSc, CAT; Technological University of Shannon, Athlone Campus

Irish athletic therapy students' perceptions of using electronic medical record note-taking and storage systems

Lynn Allen, MSc, PgDip, BSc, CAT; Technological University of Shannon, Athlone Campus

Sleep Quality, Mental Health, and Diagnosed Concussion History in Collegiate Athletes

Erica Beidler, PhD, ATC; Duquesne University

Breaking the Ice: Exploring Injury and Concussion Experiences Among Blind Ice Hockey Athletes

Amanda Black, CAT(C), PhD; Brock University

Assessing Burnout: A Comparative Analysis of Accelerated and Traditional Graduate Athletic Training Programs

Kristen Bryant; Tarleton State University

Perceptual Confidence in Athletic Therapy: The Differences between National and International Immersive Clinical Experiences

Aoife Burke, CAT, BSc, PhD; Dublin City University

Running strong: investigating posterior chain strength and running injuries in recreational runners

Aoife Burke, CAT, BSc, PhD; Dublin City University

Inter-and Intra-Rater Reliability of the PLAY Basic Physical Literacy Assessment Tool Across Raters of Different Professional Backgrounds

Nicole Chimera, PhD, CAT(C), ATC, CSCS; Brock University



Poster Presentations

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Anteroinferior and Posteroinferior Labral Tear in a Recreational Athlete: A Type 4 CASE Study

Laura Claussen; Purdue University

Reactive or Proactive: Mitigating Stress and Anxiety Among College Health Profession Students

Alysia Cohen, PhD, MPH, ATC, CSCS; Weber State University

Use And Barriers to Evidence Informed Practice in the Canadian Athletic Therapy Environment

Richard DeMont, PhD, CAT(C), ATC; Concordia University

Para Sport Concussion Care: An Update on Para Sport Healthcare Provider Practice

Alexander Derstine; University of Lynchburg

Head in the race: Irish Jockey's anxiety and perceptions of concussion context

Lorna Doherty, CAT; Dublin City University

Head to Head: Irish Jockeys' Gender Gaps in Concussion Management

Lorna Doherty, CAT; Dublin City University

Gait Symmetry Changes During ACL Injury Rehabilitation. A Case Study

Renee Eaton, MS, LAT, ATC, Advanced Instructor; Virginia Tech

The Impact of Chronic Neck Pain on Oculomotor Performance during Near Point Convergence in Neck Torsion Positions: A Cross-Sectional Study

Michayla Esteves, BSc, MSc, CAT(C); University of Manitoba

Athletic Trainers' Communication Approaches for Diverse Patient Panels

Braulio Flores, MS, LAT, ATC; University of South Carolina

Power in The Shoulders: Examining the Relationship Between Shoulder Strength and Injury in Male Rugby Union Players

Alex Graczyk, CAT, MSc; Dublin City University

Surgical Repair of Talipes Planovalgus in a Pediatric Athlete: A Case Study

Alaina Hauber; University of South Carolina

Personal Wellness Among Athletic Training Learners

Kelley Henderson, EdD, LAT, ATC, FNAP; Duquesne University

A Comparison of Intramuscular Temperature between Three Cryotherapy Modalities

Valerie Herzog, EdD, LAT, ATC; Weber State University



Poster Presentations

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The Effect of Age Group and Time Since Injury on Brain Electrophysiology in Pediatric Concussion

Sofia Iuliano, MSc, CAT(C), RMT, PhD Student; Concordia University

Soccer Cleat Design for Injury Prevention and Performance Enhancement in Female Athletes: A Scoping Review

Amanda Jagielo, DAT, ATC; Florida International University

Changes in Genu Recurvatum and Serum Relaxin Throughout the Menstrual Cycles of Female Athletes

Alonna Jones; Weber State University

Circadian rhythm and physical fatigue separately influence cognitive and physical performance in amateur athletes

Panagiota Karanika; University of Thessaly

Intracranial Hypotension Manifesting Orthostatic Headache After Skiing Accident Which Is Worsen by Playing the Trombone (Valsalva Maneuver)

Masahito Katsuki, MD; Nagaoka University of Technology, Insight Science Foundation Ireland

A 15-Year Injury Epidemiological Study of Female Roller Derby Athletes

Patricia Kelshaw, PhD, ATC; University of New Hampshire

The Relationship between Injury Occurrence and Training Load in Taekwondo: One-Year Follow-Up Prospective Study

Seungyeon Kim; Weber State University*

From the Classroom to the Sideline: A Qualitative Exploration of Concussion Care in Irish Athletic Therapy Education

Colin King, PhD, CAT(C); Acadia University

Initial Development and Pilot Testing of the Evidence-Informed Practice for Health Professionals Instrument (EIP-HPI)

Mark Lafave, PhD, CAT(C); Mount Royal University

Impact of a Short-Term Study Abroad Experience in Undergraduate and Graduate Students: Preliminary Findings

Scott Lawrance, DHSc, LAT, ATC, MSPT, CSCS; Purdue University

The Acute Effects of Wrist Tissue Flossing on Ankle and Wrist Range of Motion

Braden Lawson, DAT, LAT, ATC; Messiah University



Poster Presentations

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An unusual of persistent worsening shoulder pain

Clare Lodge, MSc, DPT, MISCP; SETU Carlow

Body Bag Cooling Efficacy when Small Volumes of Water are Available to Treat Exercise-Induced Hyperthermia

Kevin Miller, PhD, LAT, ATC, FNATA; Texas State University

Body Bag Cooling versus Ice Sheet Cooling following Simulated Military Conditioning Exercise

Kevin Miller, PhD, LAT, ATC, FNATA; Texas State University

VADAR Consortium: Three-year analysis of Canadian varsity athlete baseline concussion data

Michael Modica, MSc, CAT(C), ATC; York University

Reliability of Inter limb Asymmetries in Bilateral Isometric Squat Assessment

Yuki Murata, PhD, JSPO-AT, NSCA-CSCS; Toyota Athlete Support Center at Toyota Memorial Hospital

Irish Student Athletic Therapists' Confidence and Competency in Supporting Athletes Experiencing Mental Health Issues

Sinéad O'Keeffe, CAT, PhD; Dublin City University

Anterior Shoulder Dislocation in a High School Wide Receiver: A Level 1 CASE Report

Maycie Porter; Purdue University

Development of concussion-related self-efficacy in a pitch-side placement environment - a qualitative investigation of Irish Athletic Therapy students' experiences

Anna Postawa, DProf, MSc, MISCP, CPC

The Influence of Student-Specific Factors on Development of Concussion-Related Self-Efficacy During Professional Healthcare Education - A Qualitative Exploration of Irish Athletic Therapy Students' Perceptions

Anna Postawa, DProf, MSc, MISCP, CPC

Emotional Intelligence Levels Among Irish Athletic Therapy Students

Anna Postawa, DProf, MSc, MISCP, CPC

Evaluating and Comparing the Accuracy of Weight-Bearing Lunge Test and Modified Weight-Bearing Lunge Test in Reflecting Ankle Dorsiflexion Range of Motion

Junji Shinohara; Chukyo University

Improving Core Stability with Suspension Training: A Research Consensus

Sara Stiltner, ATC, EdD; Bowling Green State University



Poster Presentations

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Salter-Harris Type IV Tibial Tubercle Fracture and Patellar Displacement in a Middle School Football Athlete: A Level 4 Clinical CASE Study

Abigail Sullivan; Purdue University

Social Determinants Of Learning In Athletic Training Education

Jenny Toonstra, PhD, ATC, LAT, ACUE; Bowling Green State University

Barriers to the Implementation of the Amsterdam 2022 Statement in the Secondary School Setting

Luis Torres, DHSc, LAT, ATC; Montclair State University

The Association Between Post-Concussion Health-Related Quality of Life and Recovery Outcomes Among Adolescent Athletes

Tamara Valovich McLeod, PhD, ATC, FNATA, FNAK, FNAP; A.T. Still University

Are self-mobilisations with movement (SMWM) effective? A comparison of the effects of mobilisation with movement (MWM) and SMWM techniques on restricted hip external rotation

Ben Wall; South East Technological University Carlow

Power in The Shoulders: Examining the Relationship Between Shoulder Strength and Injury in Male Rugby Union Players

Enda Whyte, CAT, PhD; Dublin City University

Using Vertical Jump Height to Monitor Post-Match Athlete Fatigue in Competitive Soccer Players

Jay Williams, PhD; Virginia Tech

Left Posterior Shoulder Subluxation in a Collegiate Soccer Player :A Level 1 CASE Study

Alison Willman; Purdue University

