

ISRAT ISRAEL ASSOCIATION OF
SPORT REHABILITATION &
ATHLETIC THERAPY

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Tel Aviv, Israel



THE INTERNATIONAL ARRANGEMENT For The Athletic Training and Therapy Profession



Athletic Rehabilitation Therapy
IRELAND



CANADIAN
ATHLETIC
THERAPISTS
ASSOCIATION

GLOBAL KNOWLEDGE

A Panel Discussion

Representatives from the
International Arrangement

René Revis Shingles, PhD, AT, ATC – BOC President
Pete Dewar, MA, ATC - CATA Director of Operations

Introduction



THE INTERNATIONAL ARRANGEMENT

For The Athletic Training and Therapy Profession



Agenda

Global Knowledge



- Description of each IA organization
- Practice settings and employers
- Current laws/rules/regulations
- Credentialing strategies
- IA: Clinical Educational Gaps & Next Steps

Organization & Credential Overview

Education	Graduate from a CAATE accredited athletic training program
Exam	<ul style="list-style-type: none">- Internet-based exam administered in secure and proctored professional testing centers- 175 scored and unscored (experimental) items
Number of Credential Holders	56,958

Organization & Credential Overview

Organization Info	Established in 1965, CATA is the accrediting and certifying body of athletic therapists in Canada.
Education	Competency based; Seven categories. Graduate from one of nine CATA accredited institutions in Canada. 4-year bachelors degree, post degree certification. Minimum Continuing Education requirement once certified.
Exam	3 hours, virtually proctored; 200 MCQ with individual and scenario-based questions. Historically a 77% pass rate
Number of Credential Holders	2400+ Certified Members 500+ Certification Candidate (Student) Members

Organization & Credential Overview

Education

Honours Degree (NFQ level 8) in a field related to Sports Medicine from an ARTI accredited 3rd level institution - DCU, SETU, TUS.

Emergency First Responder Certification (EFR) from the 'Pre-Hospital Emergency Care Council' ([PHECC](#)) – or demonstrated equivalent.

An in-date Cardiac First Responder Certification (CFR)

Exam

2 hour, in person exam (MCQ format).

70% required to pass exam and then eligible for ARTI membership

Number of Credential Holders

200+ members



Organization & Credential Overview

Organisation Info	Established in 1997, BASRaT is the UK regulator, registration body and professional association for Sport Rehabilitators.
Education	BSc or MSc (Hons) degree from a BASRaT accredited Higher Education Institution that meets all the BASRaT standards . Pre-hospital Immediate Care Level 2 qualification endorsed by the Royal College of Surgeons. In addition, all successful registrants must have displayed appropriate professional behaviour and ethics throughout their HE programme. This includes criminal record checks.
Exam	A supervised two hour, 100 question online MCQ. Currently, 60% of students sitting the exam pass on the first sitting.
Number of Credential Holders	1180.



- Secondary Schools
- College/University
- Clinics/Hospitals
- Professional Sports
- Performing Arts
- Military/Government
- Public Service (fire fighters, police)
- Occupational settings





- Private Clinic
- High Performance Athletes (Major Games, Major & Minor Professional Sports, University Sports)
- Education & Research
- Emerging: Dance, Theatre, Military, First Responders, Industrial, Rodeo





- Practice Setting and Employers
- Elite and recreational sporting organizations – Sport Ireland, GAA, National League of Ireland (Soccer).
- Private Practice in MDT
- Occupational and hospital settings – emerging



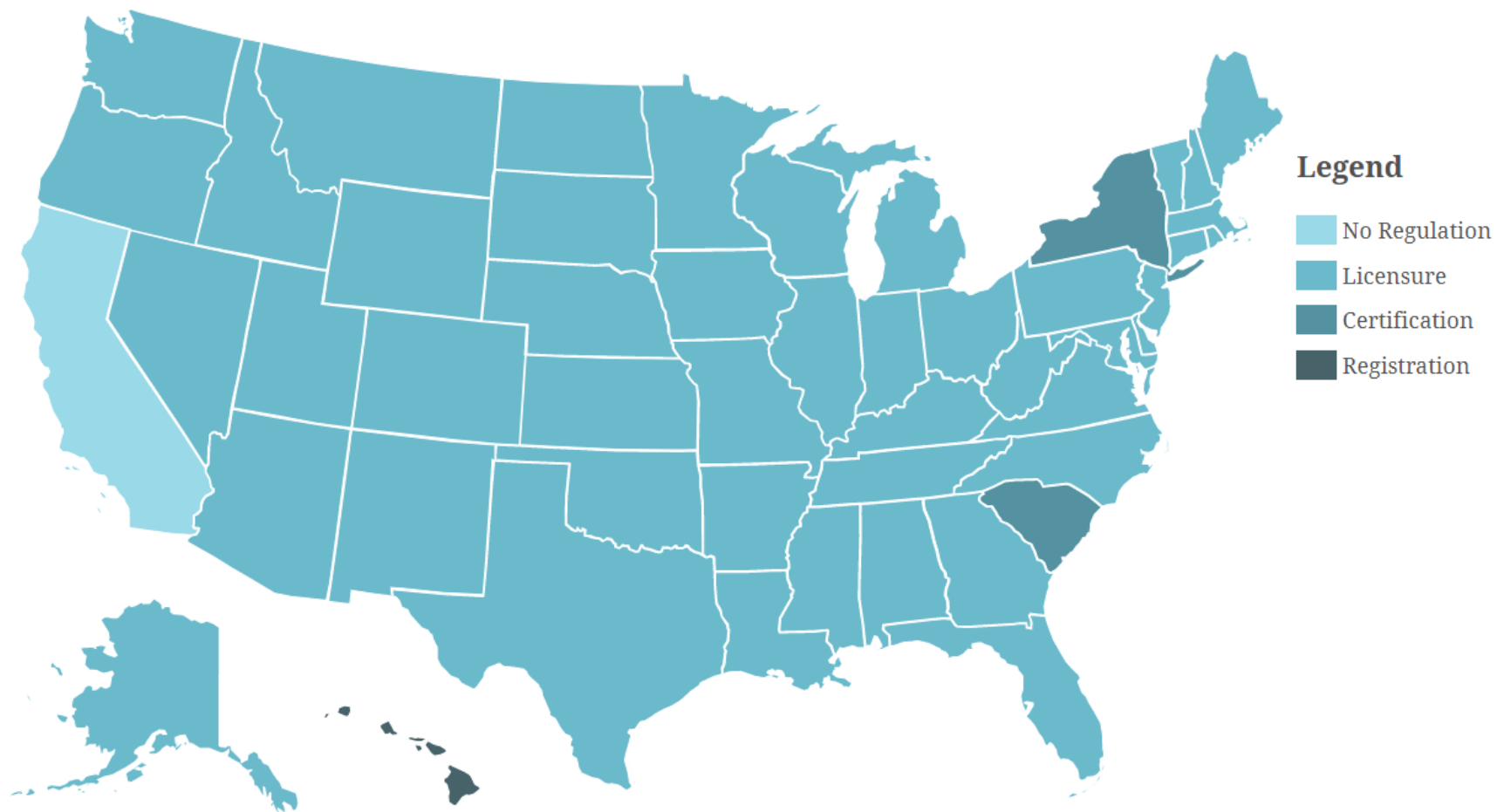


- Professional and amateur sport.
- Private practice.
- Ministry of Defence.
- The National Health Service.
- Private hospitals and national healthcare organisations.
- Healthcare charities.
- Educational settings.





BOARD OF CERTIFICATION
FOR THE ATHLETIC TRAINER





- CATA is the governing body for the profession of athletic therapy in Canada.
- No provincial regulation currently exists. Some provinces are further along in this process than others, led by Quebec. The CATA provides support as needed to provinces seeking regulation.
- Certified Athletic Therapists must adhere to the CATA Code of Ethics and Professional Conduct and work under the scope of athletic therapy.

I. Current laws/rules/regulations that regulate the practice of your profession

- Self regulation currently exists
- No state regulation yet – major campaign for ARTI in 2023 is to gain state regulation, ongoing meetings with Irish governmental bodies including the Department of Health and their regulatory body.
- This has been ongoing since 2009 – since ARTI inception.



1. Current laws/rules/regulations that regulate the practice of your profession.

Since 2013, BASRaT's register has been accredited by the Professional Standards Authority (PSA) in Health and Social Care, the UK's top oversight body for medicine and healthcare; a PSA Accredited Register is acknowledged as an appropriate form of regulation in the Delegation and Referral Guidance from the General Medical Council and registrants are legally recognised as a healthcare occupation.

There are two main forms of regulation in the UK for healthcare professionals; the older, traditional professions are statutory regulated and the newer professions, like Sport Rehabilitation are on the newer Accredited Registers. Both forms of regulation are overseen by the PSA. In general, for healthcare professionals in the UK, there are no legal restrictions to practice except the use of title / logo or claim to be on a register.

- Opportunities and Challenges
 - Competition of other healthcare providers – highlight your strengths with evidence
 - Recognition – educate, educate, educate!
 - Collaboration - seek common areas of practice with other healthcare providers where AT & T can enhance patient care and services
 - Industry standards - fill in the blank
- BOC Credentialing Consultation – Email: international@bocatc.org
 - Practice Analysis – Role Delineation Study – Job Task Analysis
 - Exam Development
 - Item Writer Training, Development and Management
 - SqOne – "Square One", BOC's signature, secure item development software
 - Self-Assessment Exam Tool



- Two computer-based examinations per year (June & November)
- Removed practical component of the exam in 2018.

Challenges

- Cost prohibitive to offer more examinations per year.
- Member access to Basic Life Support and First Responder Certifications needed to maintain certification.

Opportunities

- We continue to see annual growth in membership numbers including 200+ newly certified athletic therapists each year.
- There is a continued interest from institutions to add athletic therapy programs.

- Credentialing Strategies
- Occurs 3 times a year - January, June, September.
- Since September 2022 – ARTI removed the practical exam component of credentialing process.
- Now Written exam only exists – less intensive on volunteers to run.
- Challenge- reluctance by AT graduates to sit the credentialing exam.
- Opportunities - Self regulation process has been commended in many meetings by our governmental bodies.



BASRaT's registration exam is primarily delivered at the BASRaT accredited HE institutions in the UK. It is an independent exam with access controlled by BASRaT and supervision by HE and / or BASRaT staff. Online supervised exams are also delivered at several points during the year.

Challenges

The cost and resources to develop, deliver, administer and psychometrically analyse the exam.

Opportunities

The exam is a superb way to get more engagement from HE institutions and to continually focus and evolve the educational standards of the profession. It also provides a means to identify areas in the curriculum where further focus is needed or where specific HE institutions might need to improve delivery.

How can BASRaT help developing organisations?

BASRaT are happy to assist with any questions around exam development, exam administration, including how to set up question writing groups, standard setting groups and the psychometric process to test reliability and validity.

Clinical Educational Gaps



Education Gap Assessment for BOC

Process: The International Arrangement (IA) organizations, in collaboration with International Consultants of Delaware (ICD), participated in an analysis of education and credentialing standards. The IA organizations, via cooperation and established minimum educational standards for the IA.

Use: ICD will conduct a credentials evaluation that will assess if an applicant is compliant with the BOC Standards of Professional Practice and applicable institutional/organizational, local, state, and federal laws, regulations, rules, and guidelines. Applicable laws and regulations include (but are not limited to) the following:

Summary

- 3 Standard 66 Practice health care in a manner that is compliant with the BOC Standards of Professional Practice and applicable institutional/organizational, local, state, and federal laws, regulations, rules, and guidelines. Applicable laws and regulations include (but are not limited to) the following:
- Requirements for physician direction and collaboration
 - Mandatory reporting obligations
 - Health Insurance Portability and Accountability Act (HIPAA)
 - Family Education Rights and Privacy Act (FERPA)
 - Universal Precautions/OSHA Bloodborne Pathogen Standards
 - Regulations pertaining to over the counter and prescription medications
 - Navigating multipayer insurance systems and classifications.

Practice health care in a manner that is compliant with the BOC Standards of Professional Practice and applicable institutional/organizational, local, state, and federal laws, regulations, rules, and guidelines. Applicable laws and regulations include (but are not limited to) the following:	ARTI BASRaT CATA
Requirements for physician direction and collaboration	ARTI BASRaT CATA
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Navigating multipayer insurance systems and classifications.	ARTI BASRaT CATA

ARTI | BASRaT | CATA

Clinical Educational Gaps



5	Standard 73: Select and incorporate interventions (for pre-op patients, post-op patients, and patients with nonsurgical conditions) that align with the care plan, interventions include (but are not limited to) the following: <ul style="list-style-type: none">• Joint mobilization and manipulation	CATA
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- Impacted by National or Provincial/State laws
- Each association's educational requirements are not going to align exactly.

Next Steps



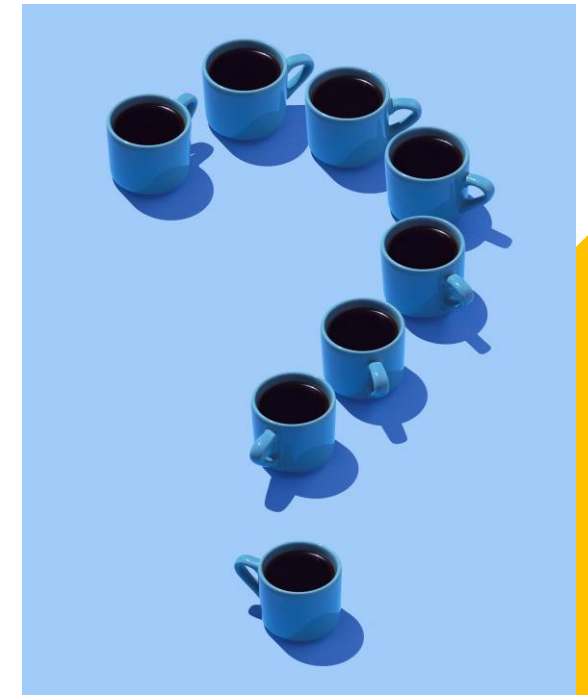
- Proposed work group to develop Global Curricular Standards
 - Collaboration between IA and other strategic partners such as WFATT, NATA, CAATE
 - Using the IA guiding principles and data from the education content evaluation performed during the development of the IA to develop a document that presents the IA shared curricular content.

Education Development > Credential Development > Gaps Analysis > IA

- René Revis Shingles, PhD, AT, ATC; international@bocatc.org – BOC President
- Pete Dewar, MA, ATC; pete@athletictherapy.org - CATA Director of Operations
- Lynn Allen; president@arti.ie - ARTI President (not present)
- Ryan Gordon; ryan@basrat.org - BASRaT (not present)

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Panelists:

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Pete Dewar, CATA

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Thank You
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