Abstract Submission Guidelines

Submission deadline: January 15, 2027

1. Invitation and Congress themes

WFATT welcomes original research abstracts and clinical case studies from athletic training, athletic therapy, sport rehabilitation and related disciplines. The Congress explores Readiness, Resilience and Rehabilitation through illustrative case studies connecting evidence, education, innovation and clinical practice to real-world challenges.

Authors are encouraged to explain how their work relates to a specific aspect of one or more themes, including practical application. Authors are not expected to address an entire theme or its illustrative case. Submissions outside the themes are equally welcome and receive the same consideration during peer review. Select "None of the above" where appropriate; no artificial theme connection is required. Further information about the Congress themes, including the illustrative case studies and areas of focus, is available on the official Congress website.

2. Eligibility and general requirements

- Abstracts must describe original, unpublished work not previously presented at a conference or submitted to another journal.
- An individual may submit up to three abstracts as presenting/primary author and may be named on any number as co-author.
- Submit one abstract per Google Form response. Choose Original Research or Case Studies and Series.
- Maximum 450 words across abstract content fields, excluding headings. Do not include tables or figures.
- Do not place author names, affiliations, institutions or other identifying information in the title or abstract content. Enter author details only in the designated author-information fields.
- Use clear, internationally understandable terminology and protect patient confidentiality; do not include identifying clinical details.

3. Research Classification

Authors are required to classify their submission using two categories: **Research Type** and **Research Topic**. These classifications help WFATT organize submissions and understand the nature and subject matter of the research. They do not determine eligibility or restrict consideration during peer review.

A. Research Type – Select one
Selection the research type that best describes the methodology or nature of your submission.

- **Basic and Applied Science** – Laboratory, experimental or applied investigations relevant to athletic training, therapy, sport rehabilitation or related disciplines.

- **Clinical Research and Interventions** – Research evaluating clinical assessment, treatment, rehabilitation, prevention or healthcare interventions.
- **Epidemiology and Injury Surveillance** – Investigations examining injury patterns, incidence, prevalence, risk factors or population-level health outcomes.
- **Observational and Exploratory Research** – Surveys, descriptive studies, qualitative investigations, exploratory research and program evaluations.
- **Education and Professional Development** – Research concerning education, curricula, teaching, learning, professional competencies or continuing professional development.
- **Case Reports and Case Series** – Individual clinical cases or series highlighting clinical reasoning, management, outcomes or transferable learning.
- **Evidence Synthesis and Reviews** – Systematic reviews, scoping reviews, meta-analyses and other structured evidence syntheses.

B. Research Topic – Select all that apply
Select one or more topics that best describe the subject matter of your submission.

- Musculoskeletal Injury and Rehabilitation
- Sports Injury Prevention and Athlete Health
- Biomechanics, Movement and Human Performance
- Clinical Assessment and Diagnosis
- Rehabilitation Interventions and Return to Sport
- Education and Professional Practice
- Technology and Innovation
- Other (please specify)

Authors may select multiple Research Topics where appropriate.

4. Original Research: required fields

Context
Briefly establish the rationale, research gap or practical problem. State a clear objective or research question and, where appropriate, a hypothesis.

Methods
Describe study design, setting, participants or data sources, interventions or exposures, outcome measures and analytical approach. Include sufficient detail to judge appropriateness; report sample size where relevant.

Results
Report findings that directly address the objective. Include informative numerical results and measures of uncertainty or significance when appropriate to the study design. Qualitative findings should be reported clearly and credibly.

Conclusions
Interpret the findings without overstating them. State their implications for research, education, policy or professional/clinical practice and, where relevant, practical application.

5. Case Studies and Series: required fields

Background
Describe the relevant patient or population context, presentation, history, setting and assessment findings without identifying the individual.

Differential Diagnosis
Explain the diagnostic possibilities and clinical reasoning based on available information, including how the differential evolved with examination, referral or investigations.

Treatment
Describe the final diagnosis or working diagnosis, management, rehabilitation or intervention, relevant clinical course and outcomes. Report referral or diagnostic findings where applicable, not as a universal requirement.

Uniqueness
Explain what makes the case educationally or clinically noteworthy: unusual presentation, decision-making, complexity, intervention, outcome or other transferable learning.

Conclusions
Summarize the principal clinical lesson and its relevance or practical implications for athletic training, therapy, sport rehabilitation or related practice.

6. How to submit

- Complete the official WFATT 14th World Congress Abstract Submission form online. Abstract content is entered directly into the structured fields; separate blinded and non-blinded Word files are not required.
- Provide presenting author, co-author and affiliation details in the designated author-information section. These details are kept separate from blinded review content.
- Select one Research Type and all applicable Research Topics using the classifications described in Section 3.
- Select the relevant Congress theme or "None of the above" and briefly explain the connection if applicable.
- Review your submission carefully before sending. A successful submission enters the Congress abstract administration system.

7. Review and presentation

Abstracts undergo blinded peer review using criteria appropriate to Original Research or Case Studies and Series. Reviewers provide scores, recommendations and comments; the WFATT World Congress Committee makes final acceptance and presentation decisions. Accepted submissions may be offered poster presentation, and selected abstracts may additionally be offered podium presentation, subject to programme capacity and Committee decisions.

Abstracts accepted and presented at the Congress will be published in the Journal of Athletic Training (JAT). Acceptance alone does not guarantee publication; presentation at the Congress is required.